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ABSTRACT

The object of the present invention is to provide PPAR γ ligand derived from naturally occurring sources and a composition for preventing and/or improving Insulin Resistance Syndrome, diabetes mellitus, obesity or visceral fat obesity comprising the PPAR γ ligand as an active agent.

The present invention relates to a ligand for peroxisome proliferator-activated receptor

which comprises curcumin or its derivatives.

The composition according to the present invention, which comprises the PPAR γ ligand as an active agent is useful for preventing and/or improving Insulin Resistance Syndrome, diabetes mellitus, obesity or visceral fat obesity.